

*“But to him who does not work but believes on Him who justifies the ungodly, his faith is accounted for righteousness,”* Romans 4:5

*“And Jesus said to them, “I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.”* John 6:35

**B.** Stay right with God through the Scriptures.

*“All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness,”* II Timothy 3:16

*“But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.”* Matthew 6:33

*“These were more fair-minded than those in Thessalonica, in that they received the word with all readiness, and searched the Scriptures daily to find out whether these things were so.”* Acts 17:11

*“I Wherefore laying aside all malice, and all guile, and hypocrisies, and envies, and all evil speakings,  
2 As newborn babes, desire the sincere milk of the word, that ye may grow thereby:”* I Peter 2:1-2

*“Thy words were found, and I did eat them; and thy word was unto me the joy and rejoicing of mine heart: for I am called by thy name, O LORD God of hosts.”* Jeremiah 15:16

**ARE YOU TRULY HAPPY?**

*“...Happy are the people whose God is the LORD!”*

Psalm 144:15b

**TRULY HAPPY  
Happy Are The Hungry**  
Pastor Steve Reynolds

**INTRODUCTION**

**A.** “Where can I find TRUE happiness?” Virtually everyone has ask this question at some point. The challenge is finding true happiness in a world full of fake. The good news is true happiness is available and can be found in God.

*“...Happy are the people whose God is the LORD!”*

Psalm 144:15b

Yes, God wants you to be TRULY HAPPY! But God’s plan for true happiness looks very different than you would expect.

**B.** God reveals His plan for human happiness in what is called the Beatitudes (Matthew 5:1-12). Join the Capital Family for a journey through this famous Bible passage and find out what Jesus said about true happiness in a world full of fake.

Oct 10	Let’s Get Truly Happy
Oct 17	Happy Are The Humble
Oct 24	Happy Are The Sad
Oct 31	Happy Are The Meek
TODAY	Happy Are The Hungry
Nov 14	Happy Are The Merciful
Nov 21	Happy Are The Holy
Nov 28	Happy Are The Peacemakers
Dec 5	Happy Are The Persecuted

**C. TEXT:** Matthew 5:6

- The fake way to happiness is having the right circumstances.

It is based on “when and then thinking”.

- The true way to happiness is having the right characteristics.

*“If you know these things, blessed are you if you do them.”*

John 13:17

## HOW TO BE HUNGRY

### I. STOP EATING JUNK FOOD

*“6 ...You eat, but do not have enough; You drink, but you are not filled with drink; You clothe yourselves, but no one is warm; And he who earns wages, Earns wages to put into a bag with holes.”*

*7 Thus says the LORD of hosts: “Consider your ways!”*  
Haggai 1:6b-7

Ecclesiastes 2:1-11 – “Junk food” includes seeking satisfaction in:

#### A. Experiencing pleasure (vs 1-3).

*“24 By faith Moses, when he became of age, refused to be called the son of Pharaoh’s daughter,  
25 choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin”*  
Hebrews 11:24-25

#### B. Obtaining possessions (vs 4-8).

*“And He said to them, “Take heed and beware of covetousness, for one’s life does not consist in the abundance of the things he possesses.”* Luke 12:15

#### C. Achieving prosperity (vs 9-10).

*“1 Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful;  
2 But his delight is in the law of the LORD, And in His law he meditates day and night.  
3 He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.”*  
Psalm 1:1-3

“Junk food” results in vanity which means emptiness.

*“Then I looked on all the works that my hands had done And on the labor in which I had toiled; And indeed all was vanity and grasping for the wind. There was no profit under the sun.”*  
Ecclesiastes 2:11

### II. FIND SATISFACTION THROUGH RIGHTEOUSNESS

*“Blessed are those who hunger and thirst for righteousness, For they shall be filled.”*  
Matthew 5:6

- The command is to “*hunger and thirst for righteousness*” means to have a consuming desire to do right.

*“Let us hear the conclusion of the whole matter: Fear God and keep His commandments, For this is man’s all.”*  
Ecclesiastes 12:13

*“1 As the deer pants for the water brooks, So pants my soul for You, O God.  
2 My soul thirsts for God, for the living God. ...”*  
Psalm 42:1-2a

- The consequence is you will be “*blessed*” and “*filled*”.

*“8 Oh, that men would give thanks to the LORD for His goodness, And for His wonderful works to the children of men!  
9 For He satisfies the longing soul, And fills the hungry soul with goodness.”*  
Psalm 107:8-9

### III. DO THE RIGHT THINGS

#### A. Get right with God through salvation.

*“10 As it is written: “There is none righteous, no, not one;  
11 There is none who understands; There is none who seeks after God.  
12 They have all turned aside; They have together become unprofitable; There is none who does good, no, not one.”*  
Romans 3:10-12

*“For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.”*  
II Corinthians 5:21