

**D.** It reveals spiritual gifts.

*“3 For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith.*

*4 For as we have many members in one body, but all the members do not have the same function,*

*5 so we, being many, are one body in Christ, and individually members of one another.*

*6 Having then gifts differing according to the grace that is given to us, let us use them...”* Romans 12:3-6a

**E.** It releases power.

*“6 But He gives more grace. Therefore He says:*

*“God resists the proud, But gives grace to the humble.”*

*7 Therefore submit to God. Resist the devil and he will flee from you.”* James 4:6-7

**ARE YOU TRULY HAPPY?**

*“...Happy are the people whose God is the LORD!”*

Psalm 144:15b

Our Truly Happy campaign is a spiritual growth campaign and teaching series that shows people how to find true happiness in a fake world by being the qualities described by Jesus in the Beatitudes (Matthew 5:1-12).

This campaign is for every person in our church and community, and it uses the power of alignment at three levels to help us put these happiness qualities into practice:

- Individual Level – we are providing weekly GROWTH GUIDES and KEY VERSE CARDS.
- Group Level – we are providing TRULY HAPPY GROWTH GROUPS where you can connect with others and talk about each topic.
- Congregational Level – we are providing a series of nine TRULY HAPPY sermons based on the Beatitudes.

Imagine the impact in our lives if we all found true happiness in a fake world through this campaign.

**TRULY HAPPY  
Happy Are The Humble  
Pastor Steve Reynolds**

**INTRODUCTION**

**A.** “Where can I find TRUE happiness?” Virtually everyone has ask this question at some point. The challenge is finding true happiness in a world full of fake. The good news is true happiness is available and can be found in God.

*“...Happy are the people whose God is the LORD!”*

Psalm 144:15b

Yes, God wants you to be TRULY HAPPY! But God’s plan for true happiness looks very different than you would expect.

**B.** God reveals His plan for human happiness in what is called the Beatitudes (Matthew 5:1-12). Join the Capital Family for a journey through this famous Bible passage and find out what Jesus said about true happiness in a world full of fake.

Oct 10	Let’s Get Truly Happy
TODAY	Happy Are The Humble
Oct 24	Happy Are The Sad
Oct 31	Happy Are The Meek
Nov 7	Happy Are The Hungry
Nov 14	Happy Are The Merciful
Nov 21	Happy Are The Holy
Nov 28	Happy Are The Peacemakers
Dec 5	Happy Are The Persecuted

**C. TEXT:** Matthew 5:3

- The fake way to happiness is having the right circumstances. It is based on “when and then thinking”.
- The true way to happiness is having the right characteristics.

*“If you know these things, blessed are you if you do them.”*

John 13:17

## HOW TO BE HUMBLE

### I. UNDERSTAND THE MEANING OF POOR IN SPIRIT

*“Blessed are the poor in spirit, ...”* Matthew 5:3a

#### A. It does not mean to be destitute.

*“17 Command those who are rich in this present age not to be haughty, nor to trust in uncertain riches but in the living God, who gives us richly all things to enjoy.*

*18 Let them do good, that they be rich in good works, ready to give, willing to share,*

*19 storing up for themselves a good foundation for the time to come, that they may lay hold on eternal life.”*

I Timothy 6:17-19

#### B. It means to be humble yourself by admitting your sin and asking for salvation through Jesus.

*“The sacrifices of God are a broken spirit, A broken and a contrite heart— These, O God, You will not despise.”*

Psalms 51:17

*“9 And he spake this parable unto certain which trusted in themselves that they were righteous, and despised others:*

*10 Two men went up into the temple to pray; the one a Pharisee, and the other a publican.*

*11 The Pharisee stood and prayed thus with himself, God, I thank thee, that I am not as other men are, extortioners, unjust, adulterers, or even as this publican.*

*12 I fast twice in the week, I give tithes of all that I possess.*

*13 And the publican, standing afar off, would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner.*

*14 I tell you, this man went down to his house justified rather than the other: for every one that exalteth himself shall be abased; and he that humbleth himself shall be exalted.”*

Luke 18:9-14

*“23 for all have sinned and fall short of the glory of God, 24 being justified freely by His grace through the redemption that is in Christ Jesus,”*

Romans 3:23-24

### II. ENJOY THE BENEFITS OF BEING POOR IN SPIRIT

*“...For theirs is the kingdom of heaven.”* Matthew 5:3b

#### A. It leads to heaven.

*“3 And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.*

*4 Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven.”* Matthew 18:3-4

*“3 And I heard a loud voice from heaven saying, “Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people. God Himself will be with them and be their God.*

*4 And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away.”*

Revelation 21:3-4

#### B. It reduces stress.

*“ 28 Come to Me, all you who labor and are heavy laden, and I will give you rest.*

*29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.”*

Matthew 11:28-29

*“6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time,*

*7 casting all your care upon Him, for He cares for you.”*

I Peter 5:6-7

#### C. It improves relationships.

*“By pride comes nothing but strife, ...”* Proverbs 13:10a

*“ submitting to one another in the fear of God.”*

Ephesians 5:21

*“3 Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.*

*4 Let each of you look out not only for his own interests, but also for the interests of others.”*

Philippians 2:3-4